## LATINOS BUILDING HEALTHY COMMUNITIES 2015 By Karen Zarsadiaz-Ige, LACDMH Public Information Officer



As part of May's Mental Health Month celebration, the Los Angeles County Department of Mental Health's (LACDMH) Adult System of Care (ASOC) Support Groups in Spanish Project, along with the Los Angeles County Latino Coalition, hosted the "Latinos Building Healthy Communities" event on Tuesday, May 26, 2015 at the California Endowment near downtown Los Angeles.

About 250 people attended this all-day event known for celebrating the talents of clients, families and the community. The day was filled with a keynote speaker, workshops and the creative arts. It was emceed by David Sanchez, Sr., Eliseo Gonzalez and Lourdes Zuniga.



This year's keynote speaker was LACDMH District Chief Elena Farias, PhD. The morning program involved workshops on a variety of topics, including healthy communication, healthy family, hope and motivation, and suicide. The remainder of the day included a message from LACDMH Director Marvin Southard, DSW, as well as an afternoon celebration of music, poems and dance from clients, families and the community. Attendees also participated in raffles, listened to music from Enrique Ruiz and Las Divas de DMH, and viewed a gallery of arts and crafts.

Certificates were handed out at the event for outstanding achievements to the following individuals:

- Solidarity and Compassion, Eliseo Gonzalez
- Leadership, Nelida Guzman
- Outstanding Leadership and Empowerment, Manzanero Familly
- Perfect Attendance, Maria Elena Juarez
- Participation, Carlos Ludena
- Leadership, Robert Valdez

